



Daily Accomplishments

Capture one daily accomplishment each day, for the next 14 days.

Day 1

Day 2

Day 3

Day 4



1 Life Connected

Day 5

Day 6

Day 7

Day 8



Day 9

Day 10

Day 11

Day 12



Day 13

Day 14

After completing all 14 days what have you learned about your self worth? _____

What was it like to go through this exercise? _____



1 Life Connected

What do you plan to take from going through this exercise in helping you build your bridge to connection? _____

Be 1 Life Connected!

**We are mindful of our response
We create our environment
We embrace our emotions
We find self-forgiveness**

Kimberly Pope-Robinson DVM, CCFP
1 Life Connected
Connecting Careers with Life's Passion
k.pope-robinson@1lifecc.com
www.1lifecc.com
916-847-4807

