

# Kimberly Pope-Robinson DVM, CCFP



With over 25 years experience within the veterinary industry practicing clinical medicine in both the large and small animal sector. In addition, spending time within leadership positions for a large corporate practice and the pharmaceutical industry.

This breadth of experience has provided Dr. Pope with unique exposure to the various stresses of this beautiful but challenging

profession

Find out how  
Filling My Balloons  
can help you and  
your team's  
sustainability and  
resilience in  
veterinary medicine.

## *Contact us*

1 Life Connected

Dr. Kimberly Pope-Robinson DVM, CCFP

Connecting Careers with Life's Passion

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Well-Being  
Coaching  
Support For  
The Veterinary  
Profession

## Physical Balloon

Physical Connection is the actual physiology of our body. This includes the need for oxygen, food, and water, as well as the need to move and be active.

## Emotional Balloon

Emotional Connection is recognizing that we have feelings that can bring us both anxiety and joy. And then finding the path to embrace and connect to those feelings.



Helping To Bring  
Well-Being To  
Veterinary  
Medicine  
Individuals and  
Teams

## Mental Balloon

Mental Connection is the exercising of our brain and mind. This allows us to connect with the moment at hand and be mindful of our current reality.

## Spiritual Balloon

Spiritual Connection brings you to a place of wholeness. We recognize that we are a part of something bigger than ourselves.