

# List Of Example Values

Accomplishment  
Accountability  
Accuracy  
Achievement  
Acknowledgement  
Adventure  
Affection  
Affirmation  
Altruism  
Ambition  
Assertiveness  
Authentic  
Autonomy  
Balance  
Beauty  
Belonging  
Boldness  
Bravery  
Calmness  
Carefulness  
Caring  
Certainty  
Challenge  
Cheerfulness  
Clarity  
Cleverness  
Commitment  
Community  
Compassion  
Individuality  
Influence  
Ingenuity  
Inner Harmony  
Innovation  
Integrity  
Intellectualism  
Intelligence  
Intimacy  
Intuition  
Inventing  
Joy  
Justice  
Kindness  
Knowledge  
Leadership  
Learning  
Legacy  
Love  
Loyalty  
Magic  
Mastery  
Mercy  
Mindfulness  
Modesty  
Nature  
Nurturing  
Obedience  
Openness

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Competition	Optimism
Completion	Opportunity
Confidence	Order
Conformity	Organization
Connecting	Originality
Consistency	Patience
Contentment	Patriotism
Contribution	Persistence
Control	Peace
Cooperation	Perfection
Correctness	Perseverance
Courage	Persistence
Courtesy	Personal Growth
Creative	Piety
Curiosity	Playfulness
Daring	Pleasure
Decisiveness	Positivity
Dependability	Power
Determination	Practicality
Devotion	Preparedness
Dignity	Pride
Diligence	Privacy
Directness	Professionalism
Discipline	Prudence
Discretion	Quality
Diversity	Realism
Do the Right Thing	Recognition
Dynamism	Reliability
Economy	Reputation
Elegance	Resourcefulness

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Effectiveness  
Efficiency  
Elegance  
Emotional Health  
Empathy  
Empowerment  
Enjoyment  
Enlightenment  
Enthusiasm  
Entrepreneurship  
Equality  
Equity  
Ethics  
Excellence  
Excitement  
Expertise  
Fairness  
Faith  
Fame  
Family  
Fidelity  
Financial Security  
Fitness  
Fix Things  
Flexibility  
Focus  
Forgiveness  
Forward Action  
Frankness  
Freedom  
Respect  
Restraint  
Revolution  
Rigor  
Romance  
Safety  
Saving  
Security  
Seek Truth  
Self-Expression  
Serenity  
Service  
Sharing  
Simplicity  
Socializing  
Social Advancement  
Solitude  
Solving Problems  
Speed  
Spiritual Development  
Spirituality  
Spontaneity  
Stability  
Strength  
Structure  
Synergy  
Team Spirit  
Teamwork  
Thoroughness  
Thoughtfulness

# List Of Example Values

Friendship  
Fulfilment  
Fun  
Generosity  
Getting Ahead  
Goodness  
Grace  
Gratitude  
Growth  
Happiness  
Hard Work  
Harmony  
Health  
Helping  
Honesty  
Honor  
Hope  
Humility  
Inclusivity  
Independence

Thrift  
Tolerance  
Tradition  
Trust  
Truth  
Utility  
Understanding  
Uniqueness  
Unity  
Variety  
Vitality  
Wealth  
Winning  
Wisdom

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## Be 1 Life Connected!

**We are mindful of our response**  
**We create our environment**  
**We embrace our emotions**  
**We find self-forgiveness**



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